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SAMPLE		CERTIFICATIONS
Manufacturer Name	My Protein	<p>TESTED FOR ACCURACY</p> <p>TESTED FOR PURITY</p>
Product Name	The Pre-Workout	
Product Lot	U919224986	
Expiration Date	01/2021	
Sample Tested	December 12, 2019	
Serving Size	1 scoop (12.9 g)	

ANALYSIS				
Tested for Accuracy PASS				
Substance Active Ingredients	Unit	Claimed	Found	Status
Creatine Monohydrate	mg/serving	1000	957	●
Creatine HCl	mg/serving	1000	957	●
Caffeine	mg/serving	150	168	●
Folate	mcg/serving	200	250	●
Niacin	mg/serving	15	15	●
N-Acetyl L-Tyrosine	mg/serving	500	475	●
Arginine	mg/serving	750	1238	●

Tested for Purity | **PASS**

Substance Heavy Metals	Unit	Limit	Found	Status
Arsenic	mcg/serving	10	0.12	●
Cadmium	mcg/serving	4.1	<0.09	●
Lead	mcg/serving	15	0.57	●
Mercury	mcg/serving	0.3	<0.09	●
Substance Microbiology	Unit	Limit	Found	Status
Yeast/Mold	cfu/g	10	<10	●
Salmonella	cfu/g	-	Undetected	●
E. Coli	cfu/g	-	Undetected	●
Staphylococcus aureus	cfu/g	-	Undetected	●

RELEASE DATE	RELEASED BY	SIGNATURE
January 15, 2020	N.T.	

