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SAMPLE		CERTIFICATIONS
<b>Manufacturer Name</b>	L-Men	  
<b>Product Name</b>	IsoPower Creatine	
<b>Product Lot</b>	BGR NNF17BM	
<b>Expiration Date</b>	03/17/2025	
<b>Sample Tested</b>	November 2023 - January 2024	
<b>Serving Size</b>	1 scoop (7.8 g)	

ANALYSIS				
Tested for Accuracy   <b>PASS</b>				
Substance   Active Ingredients	Unit	Claimed	Found	Status
Creatine	g/serving	3	<b>3.1</b>	●
Vitamin A	IU/serving	800	<b>534</b>	●
Vitamin C	mg/serving	36	<b>39.6</b>	●
Vitamin B1 (Thiamin)	mg/serving	1.4	<b>1.58</b>	●
Vitamin B2 (Riboflavin)	mg/serving	0.64	<b>0.513</b>	●
Vitamin B3 (Niacin)	mg/serving	15	<b>16</b>	●
Vitamin B5 (Pantothenic Acid)	mg/serving	2	<b>2.2</b>	●
Vitamin B6 (Pyridoxine)	mg/serving	1.3	<b>1.44</b>	●
Vitamin B7 (Biotin)	µg/serving	12	<b>12.4</b>	●
Vitamin B12 (Cyanocobalamine)	µg/serving	1	<b>1.19</b>	●
Folic Acid	µg/serving	160	<b>169</b>	●

Vitamin D	IU/serving	240	<b>673</b>	●
Vitamin E	mg/serving	6	<b>8.27</b>	●
Zinc	mg/serving	1.2	<b>1.27</b>	●
Magnesium	mg/serving	20	<b>21.2</b>	●

Tested for Purity | **PASS**

Substance   Heavy Metals	Unit	Limit*	Found	Status
Arsenic	µg/serving	15*	<0.0780	●
Cadmium	µg/serving	5*	<0.0390	●
Mercury	µg/serving	15*	<b>0.0486</b>	●
Lead	µg/serving	5*	<0.0390	●

\*Daily Limit | \*USP | \*\*LOQ = Limit of Quantitation

Substance   Microbiology	Unit	Limit	Found	Status
Total Plate Count	cfu/g	1000*	<100	●
Yeast/Mold	cfu/g	100*	<10	●
Coliforms	cfu/g	-	<10	●
E. Coli	cfu/g	-	<b>Undetected</b>	●
Listeria	cfu/g	-	<b>Undetected</b>	●
Staphylococcus aureus	cfu/g	-	<b>Undetected</b>	●
Salmonella	cfu/g	-	<b>Undetected</b>	●
Shigella	cfu/g	-	<b>Undetected</b>	●

\*USP

● Pass ● Fail ● Greater than 120% Label Claim ● Tested; Not Used in Grading



A sample of the product and batch/lot above is certified to have been tested for the following compounds at a limit of detection of **1 ng/g** and found to be free of those substances.

**Anabolic Agents**

1-Androstenediol, 1-Androstenedione, 1-Testosterone, 17-Hydroxypregnenedione, 19-Norandrostenediol, 19-Norandrostenedione, 19-Norandrosterone, 19-Noretiocholanolone, 4-Hydroxytestosterone, 5 $\alpha$ -Androst-2-ene-17-one, 7-Hydroxyprogesterone, 7-Keto-DHEA 7 $\alpha$ -Methyl-19-nortestosterone, Androstenediol, Androstenedione, Androsterone, Bolandiol, Bolandione, Bolasterone, Boldenone, Boldione, Calusterone, Clenbuterol, Clostebol, Danazol, Dehydroepiandrosterone, Desoxymethyltestosterone, DHCMT, Dihydrotestosterone, Drostanolone, Epi-dihydrotestosterone, Epitestosterone, Ethylestrenol, Etiocholanolone, Fluoxymesterone, Formebolone, Furazabol, Gestrinone, Halodrol, Hydroxytestosterone, Mephedrone, Mestanolone, Mesterolone, Metandienone, Methandriol, Methandrostenolone, Methasterone, Methedrone, Methenolone, Methyl-1-testosterone, Methyldienolone, Methylnortestosterone, Methyltestosterone, Methyltrienolone, Metribolone, Mibolerone, Nandrolone, Norboletone, Norclostebol, Norethandrolone, Oxabolone, Oxandrolone, Oxymesterone, Oxymetholone, Prostanazol, Quinbolone, Stanozolol, Stenbolone, Testosterone, Tetrahydrogestrinone, Tibolone, Trenbolone, Zeranol, Zilpaterol.

**Hormones & Metabolic Modulators**

6-OXO, Acadesine, AICAR, Aminoglutethimide, Anastrozole, Andarine, Androstatrienedione, Arimistane, Clomiphene, Cyclofenil, Exemestane, Fadrozole, Formestane, Fulvestrant, GW501516, Ibutamoren, Letrozole, LGD-4033, Meldonium, Ostarine, RAD140, Raloxifene, SR9009, Tamoxifen, Testolactone, Toremifene, Trimetazidine, Vorozole.

**Corticosteroids**

Alclometasone, Aldosterone, Amcinonide, Beclometasone, Betamethasone, Budesonide, Chloroprednisone, Ciclesonide, Clobetasol, Clobetasone, Clocortolone, Cloprednol, Deflazacort, Desonide, Desoximetasone, Dexamethasone, Diflorasone, Difluocortolone, Difluprednate, Fluclorolone, Fludrocortisone, Fludroxycortide, Flumethasone, Flunisolide, Fluocinonide, Fluocortin, Fluocortolone, Fluorometholone, Fluperolone, Fluprednidene, Fluprednisolone, Flurandrenolide, Fluticasone, Formocortal, Halcinonide, Halometasone, Loteprednol, Meprednisone, Methylprednisolone, Mometasone, Paramethasone, Prednicarbate, Prednisolone, Prednisone, Prednylidene, Rimexolone, Tixocortol, Triamcinolone, Ullobetasol.

**Stimulants**

*\*confirmation only*

2-Amino-6-methylheptane, Adrafinil, Adrenaline, Alpha-pyrrolidinovalerophenone, Amfepramone, Amiphenazole, Amphetamine, Amphetaminil, Benfluorex, Benzphetamine, Benzylpiperazine, Bromantan, Bromo-DMA, Cathine, Cathinone, Clobenzorex, Chlorpropamide, Crotetamide, d-Amphetamine\*, d-Methamphetamine\*, Dimethylamphetamine, Dimethylbutylamine, Ephedrine\*, Epinephrine, Etamivan, Etilamfetamine, Etilefrine, Famprofazone, Fenbutrazate, Fencamfamin, Fencamine, Fenethyliline, Fenfluramine, Fenproporex, Flephedrone, Furfenorex,



	<p>Heptaminol, Hydroxyamphetamine, Isometheptene, Levmetamfetamine, Lisdexamfetamine, Mazindol, MBDB, MDA, MDEA, MDMA, MDPV, Meclofenoxate, Mefenorex, Mephedrone, Mephentermine, Mesocarb, Methylenedioxyamphetamine, Methylephedrine*, Methylhexaneamine, Methylone, Methylphenidate, Modafinil, Nikethamide, Norfenefrine, Norfenfluramine, Octopamine, Oxethazaine, Oxilofrine, P-Methylamphetamine, P Hydroxyamphetamine, Pemoline, Pentetrazol, Phendimetrazine, Phenethylamine, Phenmetrazine, Phenpromethamine, Phentermine, Phenylpiracetam, Pholedrine, PMA, PMMA, Prenylamine, Prolintane, Propylhexedrine, Pseudoephedrine*, Selegiline, Sibutramine, Strychnine, Tuaminoheptane.</p>
<b>Protein and Peptide Hormones</b>	<p>Human Growth Hormone (hGH), Animal Growth Hormones Human Chorionic Gonadotropin (hCG), Insulin Growth Factor (IGF-1), Erythropoietin (EPO), Growth Hormone Releasing Hormones (GHRH), Growth Hormone Secretagogues (GHS), Growth Hormone Releasing Peptides (GHRP).</p>
<b>Beta Blockers</b>	<p>Acebutolol, Alprenolol, Atenolol, Betaxolol, Bisoprolol, Bunolol, Carteolol, Carvedilol, Celiprolol, Esmolol, Labetalol, Levobunolol, Metipranolol, Metoprolol, Nadolol, Oxprenolol, Pindolol, Propranolol, Sotalol, Timolol.</p>
<b>Beta-2 Agonists</b>	<p>Albuterol, Arformoterol, Bambuterol, Bitolterol, Brombuterol, Fenoterol, Formoterol, Higenamine, Indacaterol, Isoprenaline, Isoxsuprine, Levosalbutamol, Metaproterenol, Olodaterol, Orciprenaline, Pirbuterol, Procaterol, Ractopamine, Reproterol, Ritodrine, Salbutamol, Salmeterol, Terbutaline, Vilanterol.</p>
<b>Drugs of Abuse</b>	<p>Adrafinil, Alfentanil, Amiphenazole, Amfepramone, Amphetaminil, Benfluorex, Benzylpiperazine, Bromantan, Buprenorphine, Butyfantanyl, Carfentanil, Clobenzorex, Cocaine, Chlorpropamide, Crotetamide, Delta-9-tetrahydrocannabinol, Dextromoramide, Diamorphine (heroin), Fencamine, Fenethylamine, Fenfluramine, Fenproporex, Fentanyl, Fonturacetam, Furfenorex, Hydromorphone, Lofentanil, Mefenorex, Mephentermine, Mesocarb, Methadone, Morphine, Oxycodone, Oxymorphone, P-methylamphetamine, Pentazocine, Pethidine, Remifentanil, Sufentanil, Thiofantanyl.</p>
<b>Diuretics &amp; Masking Agents</b>	<p>Acetazolamide, Amiloride, Bendroflumethiazide, Benzthiazide, Bumetanide, Canrenone, Chlorothiazide, Chlorthalidone, Clopamide, Cyclothiazide, Desmopressin, Etacrynic acid, Flumethiazide, Furosemide, Hydrochlorothiazide, Hydroflumethiazide, Indapamide, Methyclothiazide, Metolazone, Piretanide, Polythiazide, Probenecid, Quinethazone, Spironolactone, Tolvaptan, Toremide, Triamterene, Trichlormethiazide.</p>



RELEASE DATE	RELEASED BY	LABORATORY
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February 14, 2024

Labdoor

Eurofins & Korva

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