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SAMPLE		CERTIFICATIONS
Manufacturer Name	M1 MUSCLEFIRST	
Product Name	PRO Creatine, Green Apple Flavor	
Product Lot	012302301	
Expiration Date	2/13/2025	
Sample Tested	February - March 2023	
Serving Size	1 scoop (6 g)	

ANALYSIS				
Tested for Accuracy PASS				
Substance Active Ingredients	Unit	Claimed	Found	Status
Creatine	g/serving	5	5.22	●

Tested for Purity PASS				
Substance Heavy Metals	Unit	Limit [†]	Found	Status
Arsenic	µg/serving	15*	0.1302	●
Cadmium	µg/serving	5*	Below LOQ**	●
Mercury	µg/serving	15*	Below LOQ**	●
Lead	µg/serving	5*	0.2886	●

[†]Daily Limit | *USP | **LOQ = Limit of Quantitation

Substance Microbiology	Unit	Limit	Found	Status
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Total Plate Count	cfu/g	1000*	<10	●
Yeast/Mold	cfu/g	100*	<10	●
Coliforms	cfu/g	-	<10	●
E. Coli	cfu/g	-	Undetected	●
Listeria	cfu/g	-	Undetected	●
Staphylococcus aureus	cfu/g	-	Undetected	●
Salmonella	cfu/g	-	Undetected	●
Shigella	cfu/g	-	Undetected	●

*USP

● Pass ● Fail ● Greater than 120% Label Claim ● Tested; Not Used in Grading

RELEASE DATE	RELEASED BY	LABORATORY
March 17, 2023	Labdoor	Eurofins

