



500 Capitol Mall • Suite 2350
Sacramento, CA • 95814
[address](#)
(415) 549-7339
[phone](#)
[labdoor.com](#)
[site](#)

SAMPLE		CERTIFICATIONS
Manufacturer Name	Legion	
Product Name	Pulse Pre-Workout Drink	
Product Lot	2308598	
Expiration Date	08/2025	
Sample Tested	April - May 2024	
Serving Size	2 Scoops (20.7 g)	

ANALYSIS				
Tested for Accuracy PASS				
Substance Active Ingredients	Unit	Claimed	Found	Status
Calcium	mg/serving	135	173.2	●
Sodium	mg/serving	80	99.1	●
Potassium	mg/serving	220	235.2	●
L-Citrulline DL-Malate 2:1	g/serving	8	7.87	●
Beta-Alanine	g/serving	3.6	3.59	●
Betaine	g/serving	2.5	2.53	●
Caffeine	mg/serving	350	352.7	●
L-Theanine	mg/serving	350	374.1	●
Alpha-Glycerol Phosphoryl Choline (GPC) 50%	mg/serving	300	312.5	●

Tested for Purity | **PASS**

Substance Heavy Metals	Unit	Limit [†]	Found	Status
Arsenic	µg/serving	15*	0.895	●
Cadmium	µg/serving	5*	1.125	●
Mercury	µg/serving	15*	0.406	●
Lead	µg/serving	5*	Below LOQ**	●

[†]Daily Limit | *USP | **LOQ = Limit of Quantitation

Substance Microbiology	Unit	Limit	Found	Status
Total Plate Count	cfu/g	1000*	<100	●
Yeast/Mold	cfu/g	100*	<10	●
Coliforms	cfu/g	-	<10	●
E. Coli	cfu/g	-	<10	●
Staphylococcus aureus	cfu/g	-	<10	●
Salmonella	cfu/g	-	Undetected	●
Shigella	cfu/g	-	Undetected	●

*USP

● Pass ● Fail ● Greater than 120% Label Claim ● Tested; Not Used in Grading

RELEASE DATE	RELEASED BY	LABORATORY
May 17, 2024	Labdoor	Anresco

