



500 Capitol Mall • Suite 2350
Sacramento, CA • 95814
[address](#)
(415) 549-7339
[phone](#)
[labdoor.com](#)
[site](#)

SAMPLE		CERTIFICATIONS
Manufacturer Name	Legion	
Product Name	Triumph Men's Sport Multivitamin	
Product Lot	2310344	
Expiration Date	11/2025	
Sample Tested	February - March 2024	
Serving Size	8 capsules	

ANALYSIS				
Tested for Accuracy PASS				
Substance Active Ingredients	Unit	Claimed	Found	Status
Vitamin A (Beta Carotene)	µg/serving	450	1587.6	●
Vitamin C (Ascorbic Acid)	mg/serving	90	97.6	●
Vitamin D (Cholecalciferol)	µg/serving	50	83.2	●
Vitamin E (D-Alpha Tocopherol Acetate)	mg/serving	17	20.8	●
Vitamin K1 (Phytonadione)	µg/serving	500	642	●
Vitamin K2 (MenaQ7®)	µg/serving	100	134	●
Vitamin B1 (Thiamine HCl)	mg/serving	30	41.7	●
Vitamin B2 (Riboflavin)	mg/serving	20	19.8	●
Vitamin B3 (Inositol Hexanicotinate)	mg/serving	100	152	●
Vitamin B5 (Calcium D-Pantothenate)	mg/serving	100	121	●

Vitamin B6 (Pyridoxine HCl)	mg/serving	15	20.7	●
Folate (5-methyltetrahydrofolate)	µg/serving	200	119.7	●
Vitamin B12 (Methylcobalamin)	µg/serving	600	621	●
Biotin	µg/serving	300	306	●
Magnesium (Citrate)	mg/serving	200	227	●
Zinc (Citrate)	mg/serving	30	34.9	●
Selenium (Glycinate Complex)	µg/serving	25	31.8	●
Chromium (Picolinate)	µg/serving	200	262	●
Iodine (Potassium Iodide)	µg/serving	225	105	●
Potassium (Potassium Iodide)	µg/serving	52	16.2	●
KSM-66® Ashwagandha Root Extract (Standard to 5% Withanolides)	mg/serving	500 (25)	-	-
Black Cumin Powder (Nigella Sativa Seed)	mg/serving	500	-	-
Pumpkin Seed Extract (Cucurbita)	mg/serving	333	-	-
Grape Seed Extract (Standard to 95% Proanthocyanidins)	mg/serving	200 (190)	-	-
Coenzyme Q10 (Ubiquinone)	mg/serving	120	126	●
Sodium R-Alpha Lipoic Acid	mg/serving	90	88.1	●
Olive Leaf Extract (Standard to 40% Oleuropein)	mg/serving	80 (32)	-	-
Marigold Flower Extract (Standard to 10% Lutein)	mg/serving	60 (6)	-	-
Marigold Flower Extract (Standard to 10% Zeaxanthin)	mg/serving	60 (6)	-	-
Laminaria Japonica Extract (Standard to 50% Fucoxanthin)	mg/serving	16 (8)	-	-

Tested for Purity | **PASS**

Substance Heavy Metals	Unit	Limit [†]	Found	Status
Arsenic	µg/serving	15*	1.04	●
Cadmium	µg/serving	5*	0.0908	●
Mercury	µg/serving	15*	0.0315	●
Lead	µg/serving	5*	0.596	●

[†]Daily Limit | *USP | **LOQ = Limit of Quantitation

Substance Microbiology	Unit	Limit	Found	Status
Total Plate Count	cfu/g	1000*	<100	●
Yeast/Mold	cfu/g	100*	<100	●
Coliforms	cfu/g	-	<10	●
E. Coli	cfu/g	-	Undetected	●
Listeria	cfu/g	-	Undetected	●
Staphylococcus aureus	cfu/g	-	Undetected	●
Salmonella	cfu/g	-	Undetected	●
Shigella	cfu/g	-	Undetected	●

*USP

● Pass ● Fail ● Greater than 120% Label Claim ● Tested; Not Used in Grading

RELEASE DATE	RELEASED BY	LABORATORY
July 22, 2025	Labdoor	Eurofins

