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SAMPLE		CERTIFICATIONS
Manufacturer Name	Blueprint	
Product Name	Essential Capsules	
Product Lot	HI26-005-03 / 26PG0002	
Expiration Date	01/2028	
Sample Tested	January - February 2026	
Serving Size	2 Capsules	

ANALYSIS				
Tested for Accuracy PASS				
Substance Active Ingredients	Unit	Claimed	Found	Status
Vitamin D (Cholecalciferol)	µg/serving	50	84.8	●
Vitamin E (d-alpha-Tocopherol)	mg/serving	67	98.4	●
Thiamin HCl (Vitamin B1)	mg/serving	1.1	1.12	●
Riboflavin (Vitamin B2)	mg/serving	1.4	1.84	●
Niacin (Niacinamide)	mg/serving	15	21.6	●
Vitamin B6 (Pyridoxine HCl)	mg/serving	1.4	2.2	●
Folate (Calcium L-5 Methyltetrahydrofolate)	µg/serving	200	365.7	●
Vitamin B12 (Methylcobalamin)	µg/serving	125	182	●
Biotin	µg/serving	50	63	●
Pantothenic Acid (D-Calcium Pantothenate)	mg/serving	6	15	●

Calcium (Dicalcium Phosphate)	mg/serving	50	86.1	●
Iodine (Potassium Iodide)	µg/serving	200	261.8	●
Zinc (Bisglycinate)	mg/serving	15	16.3	●
Selenium (L-Selenomethionine)	µg/serving	28	56.4	●
Manganese (Citrate)	mg/serving	1	1.3	●
Nicotinamide Riboside (Chloride)	mg/serving	300	322.5	●
Broccoli Seed Extract (Glucoraphanin 20 mg)	mg/serving	200 (20)	19.2	●
Fisetin (Stem of Smoketree Extract)	mg/serving	100	110.6	●
Luteolin (Bud of S.japonica Extract)	mg/serving	100	112.8	●
Ubiquinol (Reduced CoQ10)	mg/serving	50	54.4	●
Lactobacillus acidophilus	cfu/g	4B	8.6B	●
Spermidine (Trihydrochloride)	mg/serving	10	10.2	●
Boron (Glycinate)	mg/serving	3	4.2	●
Lithium (Orotate)	mg/serving	1	1.37	●

Tested for Purity | **PASS**

Substance Heavy Metals	Unit	Limit [*]	Found	Status
Arsenic	µg/serving	15 [*]	Below LOQ^{**}	●
Cadmium	µg/serving	5 [*]	Undetected	●
Mercury	µg/serving	15 [*]	Below LOQ^{**}	●
Lead	µg/serving	5 [*]	Undetected	●

^{*}Daily Limit | ^{*}USP | ^{**}LOQ = Limit of Quantitation



Substance Microbiology	Unit	Limit	Found	Status
Total Plate Count	cfu/g	1000*	-	●
Yeast/ Mold	cfu/g	100*	90	●
Coliforms	cfu/g	-	<10	●
E. Coli	cfu/g	-	<10	●
Staphylococcus aureus	cfu/g	-	<10	●
Salmonella	cfu/g	-	Undetected	●
Shigella	cfu/g	-	Undetected	●

*USP

● Pass ● Fail ● Greater than 120% Label Claim ● Tested; Not Used in Grading

RELEASE DATE	RELEASED BY	LABORATORY
July 15, 2026	Labdoor	Certified Labs